

Men on the Move

The best MOVE you'll ever make

Mayo Sports Partnership



Comhpháirtíocht Spóirt Mhaigh Eo

SPORT IRELAND

Men Wanted

Start exercising, feel fitter, have more energy

Due to Covid 19 protocols, Places are restricted to 15 Participants.

Book early to avoid disappointment.

We are delivering a men only 8 week programme in your local area:
TO REGISTER CALL THE NUMBER OF YOUR AREA BELOW

Area	Start Date	Meeting Point	Time	Contact
Castlebar	Mon. Oct 19th	Leisure Complex at Lough Lannagh	7pm	087 3133031
Kiltimagh	Mon. Oct 19th	Men's Shed, Aidan St, Kiltimagh	7.30pm	087 6094435
Ballaghaderreen	Mon. 19th & Thurs. 22nd Oct	Community Park	7.30pm	086 8105964
Aughamore	Tues. Oct 20th	Aughamore GAA Club	7.30pm	086 0696907
Ballinrobe	Tues. Oct 20th	Lakeside Leisure centre	7.30pm	087 4036349
Ballyhaunis	Tues. Oct 20th	Friary Ball Court	7.30pm	086 1652680
Bangor Erris	Tues. Oct 20th	MFitness School	7.30pm	086 0723820
Claremorris	Tues. Oct 20th	Claremorris Track	8pm	087 9099910
Ballina	Wed. Oct 21st	The Men's Shed, Geeling St, Ballina	7pm	087 3133031
Westport	Thurs. 22nd Oct	Mill Street/ High street Car Park	7.30pm	087 6215232



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Contact:
Mayo Sports
Partnership Office
Tracy: 086 0618126
to register