

Healthy Ireland Round 2 Actions				
	Initiative	Lead	Outputs	Strategic Priority
1	Social Farming	SWMDC	Providing people who use services with opportunity for inclusion, increased self-esteem and improved health and wellbeing by taking part in day to day farm activities	Mental Health
2	Play and Recreation Strategy for Co Mayo	MCC	Expansion of the concept of play to broader environment of Mayo from the traditional playground setting	Spaces and Places for Health and Wellbeing
3	Activity Friendly Environments	MCC	Improvements made to walking paths and other outdoor activity settings.	Spaces and Places for Health and Wellbeing
4	Mayo on the Move	MSP	10 Week programme targeting inactive girls to increase their physical activity levels	Physical Activity
5	Sports Programme for older people and people with disabilities	MSP	Increased opportunities for physical activity for target groups	Physical Activity
6	Health and Wellbeing Coordinator	MSP	Address health inequalities county wide	Nutrition Physical Activity Mental Health Alcohol and Tobacco
7	Communications Plan for Older People	MCC	Communications Strategy for Older People	Spaces and Places for Health and Wellbeing Mental Health
8	Yoga Wellbeing for Early Years	MCCC	Providing opportunities for increased health and wellbeing through physical Activity	Physical Activity Mental Health
9	Health and Wellbeing for 0-3 Years	CYPSC	Improving health and wellbeing for 0-3 years through parental engagement	Mental Health
10	Health Promoting Environment - Ballinrobe	Tacu Ballinrobe	Increase health and wellbeing by promoting the importance of physical activity, nutrition and a healthy environment.	Spaces and Places for Health and Wellbeing
11	Sexual Health and Wellbeing Programme	Tusla	Supporting sexual health and wellbeing of the LGBTI+ community	Sexual Health
12	Early Childhood and Outdoor Learning	GMIT	Project focusing on developing the learning and health	Spaces and Places for Health and Wellbeing