

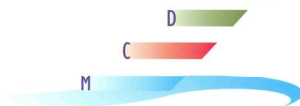
Mayo Sports Partnership



Comhpháirtíocht Spóirt Mhaigh Eo
An Irish Sports Council Initiative

Mayo Sports Partnership Annual Report 2010

Mayo County
Development Board
Bord Forbartha Chontae Mhaigh Eo



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FOREWORD

On behalf of Mayo Sports Partnership, we are delighted to welcome this annual report, which provides an overview of the work of the Partnership in 2010.

The report facilitates the sharing of best practice and innovative interventions across the county. It allows the Partnership to monitor trends in local sport and acts as an effective mechanism to highlight areas of concern and challenge.

Again as in previous years, the Partnership has made significant advances and increased the number of locally delivered programmes and training opportunities. Target groups focused on during 2010 included children and young people, people with a disability, unemployed and women. The Partnership is also continuing to deliver projects to increase the participation and involvement of harder to reach groups such as those living in disadvantaged communities.

A particular highlight from the report has been the success of the mass participation initiative, the Western People West of Ireland Womens Mini Marathon. In 2010, almost 3,000 people took part in this fantastic event co-organised by the Partnership. The enthusiasm and enjoyment evident from both the participants and volunteers demonstrated the value and importance of this type of intervention for local communities.

Each year the Partnership continues to be encouraged by the level of support given to the Partnership by statutory, community and voluntary groups across the county. In particular we would like to thank and acknowledge County Manager Peter Hynes for his continued support in these challenging times. This is a testament to the increasing value of the Partnership in delivering on the common aims of health, well being and social inclusion.

We also wish to congratulate Michael Ring on his appointment as Minister of State for Tourism and Sport and look forward to working with him in the future development of sport within the county.

Lastly, the Partnership thanks all those who have contributed to the compilation of the report and also those who have been involved in the delivery of the activities described therein. Special mention goes to the Mayo Sports Partnership Administrator Andrea Farrell, Sports Inclusion Disability Officer Ray Mc Namara and Community Sports Project Worker Anne Ronayne.

Henry Kenny

Charlie Lambert

BACKGROUND

This is the sixth annual report of the Mayo Sports Partnership. The report is based on the information provided for 2010 by using the SPEAK self-evaluation system. This is the fourth report using this system.

SPEAK (Strategic Planning, Evaluation and Knowledge) offers organisations the capacity to self-evaluate, leading to a comprehensive understanding of the work of the organisation and the impacts of that work, and uses that new understanding to improve strategic and work planning for the organisation.

Information provided through SPEAK from MSP is collated into a national programme database, creating a database of enormous potential to understand the full programme and its impacts, and most importantly to influence the direction of the programme and related areas of policy and practice.

SECTION 1



1 RESOURCES AND FUNDING

1.1 Project Funding Sources

Funding for MSP from the Irish Sports Council accounts for 38.28% of the total MSP funding in 2010, the remaining 61.72% is raised from other sources. These figures include benefit-in-kind funding.

	Total €	%
MSP Monetary Funding Leveraged Locally	158,494	27
MSP Benefit-in-kind (BIK) Leveraged Locally	204,620	34.8
ISC Core/Programme Grant	191,715	32.6
ISC Women in Sport Grant	8,500	1.4
ISC Disability Funding	25,000	4.2
Total	588,329	100

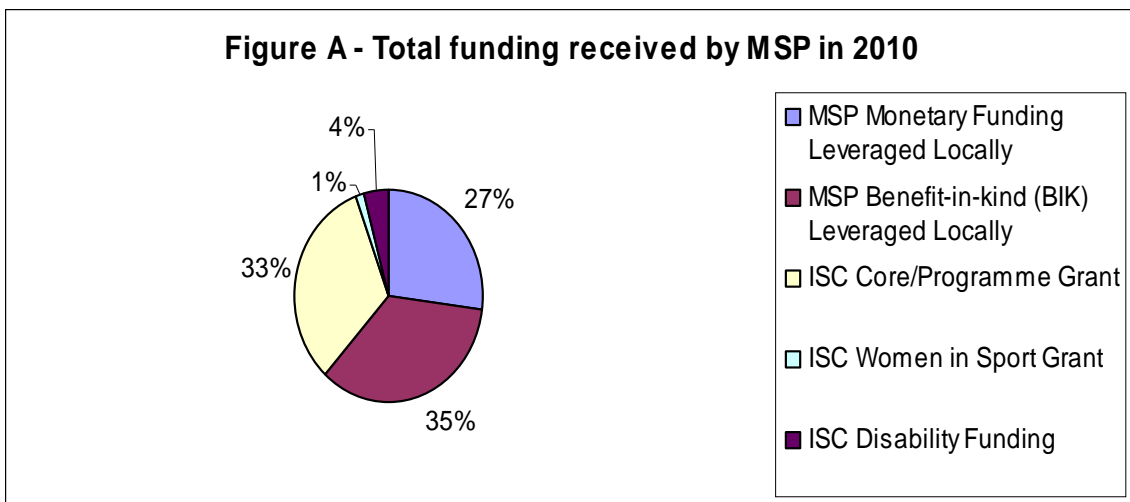


Figure A – Total funding received by MSP in 2010

After core funding from the ISC, Mayo County Council was the next most significant source of monetary funding and in-kind support for Mayo Sports Partnership in 2010. Other significant funders of the Partnership were the HSE, VEC, and income from events such as the West of Ireland Womens Mini Marathon.

Total MSP Funding has increased by €88,752 in 2010. This was attributable to an increase in in-kind support for MSP of €62,580 and a modest monetary increase of €23,488.

Mayo Sports Partnership is pleased to note that the recommendation of the 2005 Fitzpatrick & Associates *Review of Local Sports Partnerships Programme* that 50% of the Partnerships costs should be provided locally has been maintained.

1.2 MSP Management and Staff

Board of Management Participation and Representation

- A total of 19 people served on the Mayo Sports Partnership board in 2010.
- On average 14 hours was committed by the board, including the work undertaken by board sub-committees in 2010.

Mayo County Council, Mayo Sports Forum and Mayo Community Forum continue to be the three biggest participants on the board.(See appendix A)

MSP Staff

MSP has staff which are funded by the ISC and staff funded through other sources. Along with the co-ordinator and the administrator, who are funded by the Irish Sports Council, both the Sports Inclusion Disability Officer and the Community Sports Project Worker are funded through board partners.

Mayo County Council employs staff on behalf of the Partnership.

	Male	Female	Total
Full time staff, funded by ISC, other programmes and agencies	2	2	4

Figure B – Mayo Sports Partnership Staff

MSP also contracted a further 30 tutors to deliver programmes, courses and initiatives within the Partnerships structure.

Section 2



2 ACHIEVEMENTS OF MAYO SPORTS PARTNERSHIP IN 2010

2.1 Introduction

The extensive work of Mayo Sports Partnership is characterised as falling under four main headings:

- Acting as a provider of information about sport and physical activity at a local level
- Promoting the sustainability of the local sporting infrastructure
- Working to increase levels of local participation, especially amongst specific target groups
- Building partnerships and influencing policy

2.2 MSP Maintenance Work

MSP has on average been spending some 47% of their overall time on operational tasks, a slight increase on the average of 44% in 2009. The following chart presents an overview of the most demanding internal tasks in MSP

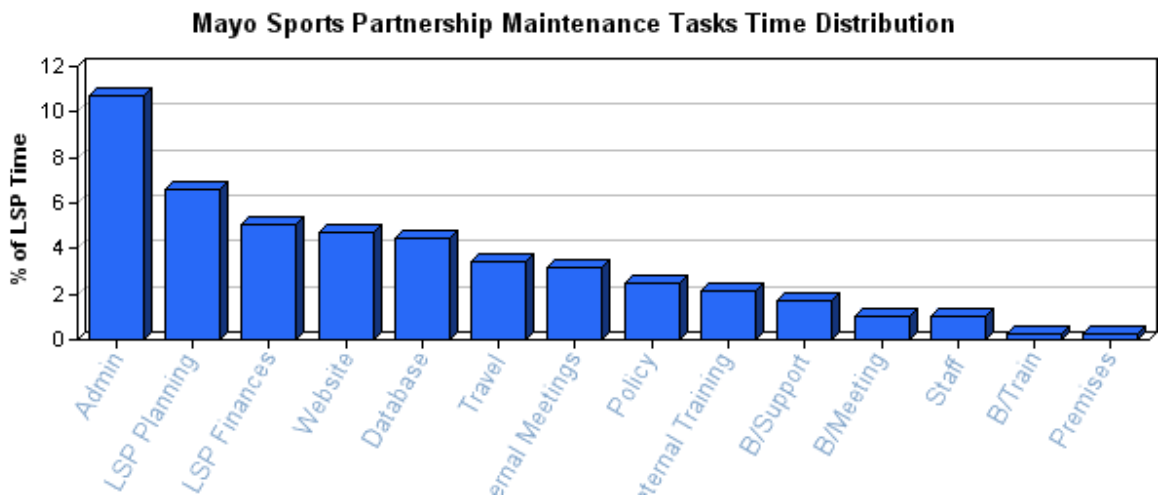


Figure C – Time Spent by MSP on Maintenance Tasks for 2010

2.3 Working Methods

Mayo Sports Partnership has continued to engage in a detailed analysis of where their time went in 2010 beyond their work in MSP maintenance. The following chart gives a breakdown of the time committed to MSP work with partner agencies and directly with target groups, according to their eight specific working methods.

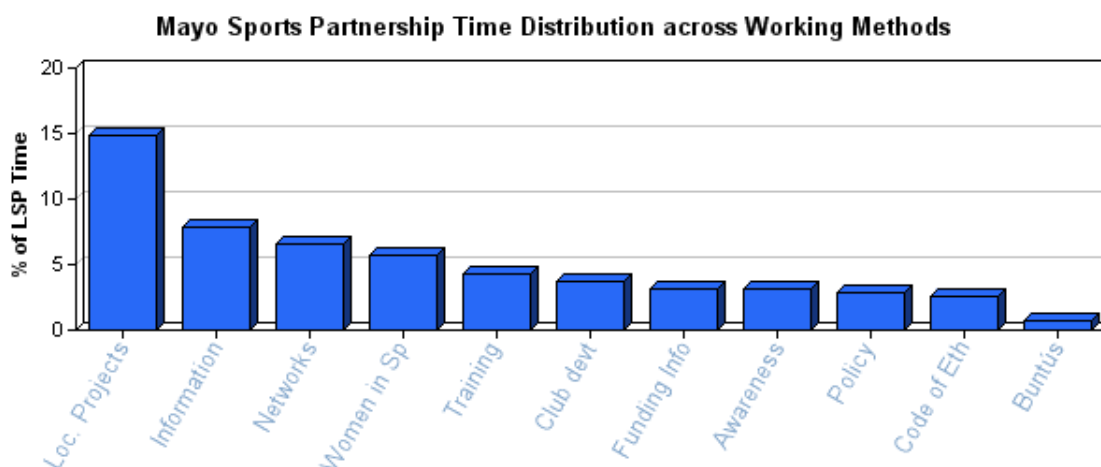


Figure D - Breakdown of MSP time spent in different areas in 2010

The most significant areas of work undertaken by MSP in 2010 were in relation to the promotion of a sustainable local sporting infrastructure, developing and disseminating information resources as well as the initiation and delivery of local programmes(See appendix C for description of working methods)

2.4 Information Provision

Over 2,500 individuals contacted MSP in 2010 in order to access general or specific sport-related information. This represents an 18% increase in interaction with the wider public.

Almost 300 individuals from all target groups have dropped into Mayo Sports Partnerships office in person in 2010. The table below demonstrates that MSP are making more use of on-line resources for information provision through websites and social media.

Information Resource	Number (2009)	Number 2010	% Increase
Number of Printed Materials	(10)	15	50%
Number of Press Releases	(30)	40	33%
Number of ePublications	(100)	150	50%
Total	(140)	205	46%

Figure E - Summary of information resources developed by MSP in 2009 and 2010. Figures in brackets are for 2009.

2.5 Development of Local Sports Infrastructure

Funding Work

In 2010, MSP provided approximately 600 clubs, groups and organisations throughout the county with important information and advice in the area of funding. While this information is widely disseminated through the Partnerships communications network actual support given to clubs / organisations making a funding application fell by 30%. This decrease can be explained by the reduction in available funding streams, such as local authority funding schemes, Dormant Accounts Funding and the Sports Capital Programme. MSP worked with 40 clubs in 2010 in developing funding applications to various schemes such as leader and MSP small grants.

Club Development Work

- Some 60 groups have been supported in the delivery of their activities.
- Some 35 groups have been supported with regard to developing their organisational or management structures.
- A further 35 groups were assisted in tackling development or policy issues.

Training and Education Courses

- MSP planned and delivered 21 training and education courses, workshops and seminars with their partner agencies.
- 372 people participated on these training courses.

Similar to previous years the most popular courses run by MSP were Club Development Courses, Disability Awareness/Inclusive Games Training, Meet and Train / Fit for Life Leader Training and coach education.

2.6 Delivering Irish Sports Council Programmes

MSP committed some 3% of their 2010 overall available time to the delivery of two national ISC programmes: Buntús and Code of Ethics, a drop of 1% from the 2009 time commitment. This reduction is specifically related to delivery of Buntús. Time allocated to Code of Ethics increased marginally.

Buntús

The Buntús Start and Buntús Generic programmes provide an important opportunity for MSP to engage with pre-school and primary school going children and their teachers. The programme involves training teachers / practitioners to deliver an inclusive & fun sports programme, schools are also supplied with a significant amount of sports equipment. Since their introduction in 2005, over 16,000 children in Mayo have been beneficiaries of both programmes.

The Buntús Generic Programme has been fully rolled out to all primary schools in the county who wished to participate. This is reflected in the table below. Buntús Refresher Workshops are timetabled from time to time depending on demand.

In 2010, the work of MSP with primary schools and childcare centres has led to the following results:

	Buntús Generic			Buntús Start		
	(2005 -08)	(2009)	2010	(2005 - 08)	(2009)	2010
No of schools/childcare centres received training	(180)	(0)	0	(67)	(15)	31
Number of teachers/practitioners who were trained	(811)	(0)	0	(188)	(33)	40
Total number of children that received training	(14,108)	(0)	0	(1161)	(273)	707

Figure F - Summary of Buntús Generic and Buntús Start outputs for 2008, 2009 and 2010. Figures in brackets are for 2008 and 2009.

	Buntús Generic	Buntús Start
Total number of schools/centres that received training (since introduction of Buntús Generic/Start)	180	778
Total number of teachers/practitioners trained	811	261
Total number of children in trained schools/centres (since introduction of Buntús Generic/Start)	14,108	2141

Figure G - Buntús Generic and Buntús Start outputs since the inception of the programmes

Code of Ethics

The Code of Ethics training programme targets sports leaders and adults involved in the organisation of sport for young people to promote child welfare and protection policies and procedures.

The Code of Ethics programme consists of two workshops:

- A 4-hour basic awareness training module for leaders within sports club and
- A further 6-hour club children's officer workshop to support club children's officers in the implementation of the code in their clubs.

	Basic Awareness			Club Children's Officer		
	(2008)	(2009)	2010	(2008)	(2009)	2010
No. of courses delivered	(12)	(21)	22	(1)	(2)	2
No. of participants	(180)	(302)	240	(18)	(19)	19

Figure H - Summary of Code of Ethics outputs for 2008, 2009 and 2010. Figures in brackets are for 2008 and 2009.

2.7 Programme Delivery

- 8,453 people participated in 55 locally delivered participation programmes
- An additional 6,805 female participants took part in 8 local Women in Sport programmes

	Number of Active projects	Number of projects by Involvement
Local Programmes	55 (45)	Solely Responsible: 0(2) Mainly Responsible: 20(13) Partly Responsible: 35 (30)
Women In Sport Programmes	8 (5)	Solely Responsible: 2(1) Mainly Responsible: 3(1) Partly Responsible: 3(3)

Figure H - Number of locally delivered programmes in which MSP was involved in 2010. Figures in brackets are for 2009.

MSP committed some 22% of their overall available time in 2010 to the area of programme delivery. This moderate 2% increase in time from 2009 was directed at initiating, supporting and delivering new work, leading to a large increase in the establishment of new and innovative programmes, projects and initiatives within the Partnership.

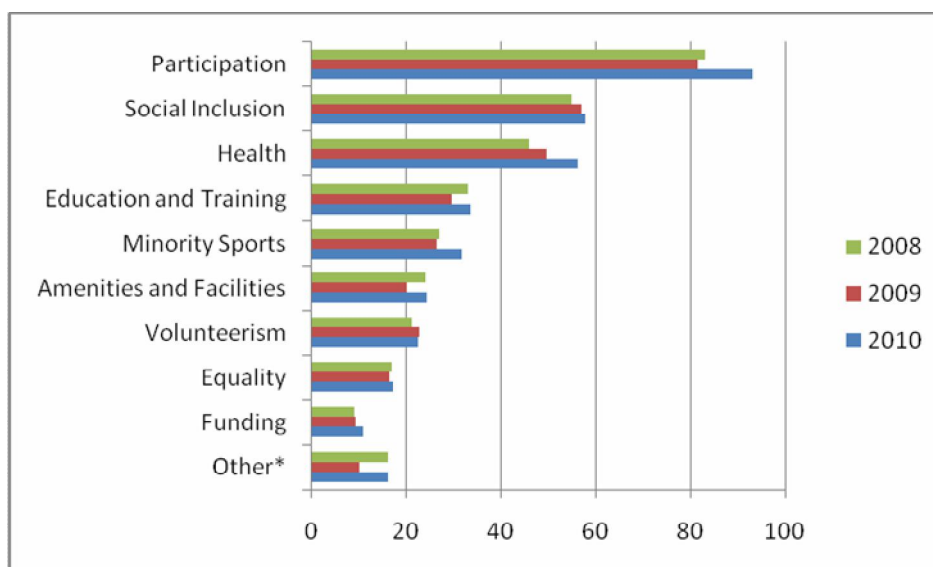
The numbers of people participating is a key impact indicator of this work. This represents an increase of over 10,460 participants on the 2009 level or a whopping 300% increase in participants.

The increase in time MSP spends on delivery of local programmes has been reflected in the increase in the number of projects and programmes delivered and the number of people participating.

The vast majority of these local programmes had a stated focus on increasing participation. This was achieved through engaging closely with low participation target groups.



Figure I - Breakdown of time spent with primary target groups in MSP local programmes in 2010



* Other includes Environment, Tourism, Regeneration, Employment and Childcare

Figure J - Key issues that LSP local programmes addressed in 2008, 2009 and 2010

2.8 Building Partnerships and Influencing Policy

MSP spent some 11% of their time in 2010 working in the area of policy and local networking.

Networks and Forums

In 2010, MSP have been to the forefront in the promotion of a wide range of major initiatives, networks and forums especially at local level. MSP have played an important role in facilitating and participating on 19 networks and forums.

Awareness Raising and Committee Work

MSP monitors the number of awareness raising events in which they have played an active role. In 2010, MSP participated in 8 such events

Committees	Number (2009)	Number 2010
Health related	(2)	1
Education related	(3)	7
Sports infrastructure related	(1)	14
Social inclusion related	(3)	5
Totals	(9)	27

Figure L - Breakdown of local committees and networks in which LSPs actively participated in 2009 and 2010. Figures in brackets are for 2009.

Policy Work

Policy Work refers to work undertaken locally, which may have significance beyond the immediate community of MSP. The following table gives a breakdown of some of these recorded outputs in relation to policy work.

Key Issue	Production of Research/ Publications	Delivering Presentations	Speaking at Conferences/ Seminars
Participation	2	5	0
Health	1	0	0
Education and Training	2	2	0
Volunteerism	0	0	0
Social Inclusion	1	0	0
Amenities and Facilities	1	1	0
Funding	0	2	0
Minority Sports	0	1	0
Other*	1	2	0
Total	8	13	0

* Others include Equality, Environment, Tourism, Childcare, Regeneration and Employment

Figure M - Breakdown of MSP outputs in relation to policy work in 2010

SECTION 3



3 CHALLENGES AND TRENDS

3.1 Introduction

MSP is now fully established and embedded in the sports development infrastructure of the county. The year 2010 has been the seventh year of local agencies, community groups, clubs and other stakeholders actively working together to meet the significant challenges of addressing participation issues with a wide range of target groups.

3.2 Development Challenges

The many internal and external challenges that were highlighted since the first SPEAK report in 2007 continue to be valid and relevant today. In 2010, as MSP adapts to a changing economic environment, they are demonstrating significantly more efforts to:

- Maintain dedicated funding
- Sustain existing staffing levels
- Support a community of volunteers
- Promote the key messages on the importance of physical activity to the wider public
- Deal with the myriad effects of unemployment and recession
- Cope with the public service moratorium on recruitment
- Continue the work of the Sports Inclusion Disability Officer (SIDO) programme
- Improve governance and the role of the Mayo Sports Partnership board.

The continued high level of unemployment continues to be a major issue and has become more important as a priority for MSP in recent years.

The roll out of the *Link2BActive* programme and Goal to Work is working at community level to counter some of these challenges.

Link2BActive involves some 18 sports facilities in the county who provide significant discounted rates for jobseekers. The programme is promoted on the MSP website and promotional flyers were distributed to social welfare, education and employment offices across the county. The programme initially was rolled out in November 2010 with some 40 participants having utilised the available offers.

The Goal to Work Project, an initiative which trains 12 jobseekers over 14 weeks to become trained sports coaches, has demonstrated the significant collaboration at local level with agencies and groups in seeking to address participation within this cohort. At least 6 participants from the programme have gained part time coaching employment in primary schools and in their local community centres. The 2 day a week 14 week programme consists of one classroom day, where participants undertake IT, personal development, job skills etc and one day practical coaching in the community / schools.

As these challenges are negotiated at local, regional and national levels, MSP continues to demonstrate a commitment to an organisational culture that values evaluation and sustainable development. MSP are consistently producing evidence of their achievements and associated impacts, as well as seeking to be as informed as possible in their decision making and planning work.

An important feature of this culture can be witnessed in the closer links being formed between other Sports Partnerships, within the North West regional network as well as through the national network, supported by the ISC. (See appendix B for full listing of other LSPs)

3.3 Promoting Partnerships

Closer ties continued to be developed in 2010 between MSP and other agencies / stakeholders in the county to further the message of activity for all. Three examples of this collaboration is described below

1. 2010 saw the roll out of the inaugural Westport Get Out There Adventure Festival which involved key stakeholders including the local authority, GMIT Outdoor Department, Mayo VEC, Outdoor Adventure Providers, hospitality sector etc. A hugely successful weekend the Festival of Sport Day on the Sunday involved the Partnership of all sporting organisations within the Westport area to come together to promote sport and physical activity locally. The festival of sport day attracted some 2,000 people to the venue.
2. The Mayo Adapted Sport and Recreation Forum, a subgroup of Mayo Sports Partnership, requires collaboration from stakeholders in ensuring the continuation of the Sports Inclusion Disability Officers role in increasing participation amongst those who have a disability. Partners such as the HSE, local authority, disability groups, community organisations have contributed both in kind and financially to projects such as the annual summer camp ,outdoor adventure day and a county wide Boccia league which is now up and running.
3. The Mayo Walking Partnership, under the County Development Board, with MSP organised the annual Mayo in Motion Walking and Cycling Month in June 2010. The Partnerships membership consists of agencies / organisations within the county who would have an interest in walking / trail development. 2010 saw the incorporation of Bike Week. with 600 participants taking part in 11 events. This year saw some 29 organised walks with over 2400 participating. All events were promoted through the media but the success can be attributed to the Partnership model

3.4 Delivering Mass Participation Events

MSP has continued their work in 2010 to harness the potential for greater participation levels from all target groups. The impact of major flagship events such as the *West of Ireland Womens Mini Marathon* (which saw over 3,000 people participate) can be evidenced in their continuation, popular support and the expansion in numbers participating and volunteering.

MSP has undertaken new opportunities where potential has been identified to become engaged in mass participation events.

Almost 3,000 women of all ages and abilities took part in the inaugural West of Ireland Women's Mini Marathon co-organised by Mayo Sports Partnership and the Western People. The run is for fun and is open to women of all ages and abilities (four women over 70 years of age participated). It is also a big fundraiser for charities with an estimated €500,000 raised for good causes. The event is a fine example of local partnering with agencies such as Mayo Sports Partnership, Mayo County Council, Castlebar Town Council, Castlebar Chamber of Commerce, the Gardaí and several local Athletics Clubs amongst others all working together. Local athletic groups and organisations benefited from the proceeds with €7,000 allocated to clubs who assisted with the running of the event. Existing Meet and Train groups around the county received significant boosts along with new groups being established in Belmullet and Ballinrobe. Over 100 volunteers helped organise the event. A positive by-product of the mini marathon is that Mayo Sports Partnership has developed a fantastic relationship with a significant media partner in the Western People.

3.5 Targeting Harder to Reach Groups

MSP has continued its innovative work in reacting to the challenges facing disadvantaged communities and its harder to reach target groups. Through its central and trusted role over time in working with the most marginalised groups, the year 2010 witnessed increased participation rates, evidence of higher levels of individual self-confidence as well as higher levels of engagement with local sports clubs and groups.

- 1. Youth at Risk:** In November 2010 Mayo Sports Partnership and the Mayo North East Leader Partnership Company facilitated the establishment of the Moy Sports Forum in Ballina which targets Youth at Risk for increased participation utilising the newly developed local authority sports facilities in disadvantaged estates in Ballina. The forum brings together key stakeholders including resident association reps, gardai. Agencies and participants themselves. Activities such as soccer tournaments / blitzes etc were initially established with a planned programme due to be put in action during 2011.

Travelling Community: The continuation of the very successful Water Safety Programme for members of the travelling community continued in to 2010 with the Mayo Water Safety Association. Participants were introduced to swimming / water safety and then experienced visits to leisure venues such as beaches, lakes etc.

Two boxing clubs, Kilmaine and All Stars Ballinrobe, who have a significant membership from the travelling community were also supported in their activities through the Special Participation Grant Scheme

2. **Older People:** 15 leisure and community Centres throughout the county are now offering the Be Active 55 programme which targets older people for increased physical activity through weekly classes in a sociable environment. In March 2010 the project was featured in RTEs Winning Streak TV show as an example of a National Lottery funded programme which has proven to be hugely successful. Approximately 350 participants were on the programme in 2010

3. **Disadvantaged Communities: Claremorris Athletics Club in association with Mayo Sports Partnership ran a hugely successful Introduction to Athletics Programme for primary schools in east and south Mayo.** In Spring 2010 10 schools involving 600 students took part in the programme. They were introduced to many disciplines of athletics, long jump, high jump, shot putt, javelin, hurdles etc. The children and teachers loved the programme. All evaluations were extremely positive. They loved the additional disciplines which most had not done them previously. Over 200 more children joined the local Claremorris AC as a result of this programme. To complete the programme a 2 day 'Athletics Fun Day' for all schools to come and mix with each other in a fun non competitive way took place.

In June 2010 the Ballyhaunis Sports Network , facilitated through the Sports Partnership, organised a Festival of Sport and Recreation Weekend.. The 2 day event included a local 10K with other activities taking place at the local green. The town has a significant multi national community with other target groups including young people, people with a disability and older people. The Network applied for and got grant funding for the event through the MSPs small grant scheme. As a follow on from that day a soccer club has been established with Badminton and Basketball clubs also being mooted.

4. **Disability:** Mayo Sports Partnership promoted a number of programmes through its Sports Inclusion Disability Officer in 2010. These included three new Inclusive gymnastics in Westport Leisure Park classes setup for children with 10% of the classes consisting of children with a disability.

Gym Sessions have been established in Belmullet , Mulranny and Westport for people who suffer from arthritis and also have learning disabilities, over 20 participants are in the project.

51 participants, who have a disability, took part in outdoor activities at the Achill Outdoor Education centre in March 2010 which included surfing, canoeing, open boating, beech combing, hill walking and archery. GMIT students undertook disability awareness training and helped out on the day

3.6 Integration of Social Media into Awareness Raising and Information Provision

As well as maintaining an online presence through their website, social media tools like Facebook have been used in 2010 by MSP to frame their communication and awareness raising activities with their target groups and working partners. MSPs website assists with:

- providing information on local and national programmes
- detailing education and training programmes
- acting as an online resource for coaches and sports clubs volunteers
- signposting funding opportunities
- publishing newsletters, bulletins, leaflets and reports
- linking to strategic partners
- providing calendars of events
- acting as a gallery section and visual insight into the range of project activities and achievements.

MSP actively uses social media such as Facebook to promote key messages and information and to allow for greater and more instant communication, interaction and feedback.



Figure N - Example of Social Media being used as a means of communication by MSP

3.7 Summary

Mayo Sports Partnership again demonstrated in 2010 that it plays a key role in local and regional sports development. The Partnership continues to develop and deliver an evolving range of participation opportunities and supports to more people, groups and clubs across all sectors of the community. There is an ongoing persistent need for MSP to cultivate and deepen relationships with the Irish Sports Council, Mayo County Council and local funding agencies and groups.

With the recent change in Government, alongside the challenging economic environment and shifting social landscape increased demand and emphasis is placed on all bodies in receipt of public funding to display good governance and value for money. Mayo Sports Partnership welcomes the creation of a new Department of Transport, Tourism and Sport and congratulate our own local TD Michael Ring on being appointed Minister of State for Sport and Tourism.

We look forward to exploring all opportunities of working with them along with the Irish Sports Council and Mayo County Council to increase participation in sport and physical activity.

Appendices

- Appendix A – Mayo Sports Partnership Board**
- Appendix B - List of Local Sports Partnerships**
- Appendix C - Explanation of Working Methods**
- Appendix D - Glossary of Terms**

[Appendix A - MSP Board](#)

The following table gives a breakdown of the level of working partner participation on the boards of management of Mayo Sports Partnership

Working Partner	Number of Representatives
Mayo VEC	1
Mayo County Council	3
HSE	1
Community Forum	2
County Development Board	1
GMIT	1
FÁS	1
Sports Forum	5
LEADER	2
Mayo Education Centre	1
Udaras na Gaeltachta	1

MSP aims to ensure that the expertise they bring together at their boards reflects the target groups with whom they work.

Responsibilities of the Board

The Board is responsible for all the activities of the Sports Partnership. These responsibilities can be divided into six main areas:

- To govern the organisation through the proper administration of its affairs
- To provide leadership for the organisation
- To plan the strategy for the development of the organisation
- To establish partnerships with other organisations who can help develop the organisation
- To manage the people involved in running the organisation
- To implement the strategic plans for the organisation and monitor their progress
- To ensure a realistic programme of participation and performance in the organisation as a consequence of the previous six responsibilities.

Appendix B - List of Local Sports Partnerships

Local Sports Partnership Network	Year Established
North Tipperary Sports Partnership	2001
Sligo Sport and Recreation Partnership	2001
Roscommon Sports Partnership	2001
Clare Sports Partnership	2001
Donegal Sports Partnership	2001
Kildare Local Sports Partnership	2001
Laois Sports Partnership	2001
Fingal Sports Partnership	2001
County Cork Local Sports Partnership Limited	2002
Meath Local Sports Partnership	2002
Waterford Sports Partnership	2002
Limerick City Sports Partnership	2002
Kerry Local Sports Partnership	2004
Kilkenny Recreation and Sports Partnership	2004
Mayo Sports Partnership	2004
Westmeath Sports Partnership	2004
Carlow Sports Partnership	2006
Offaly Local Sports Partnership	2006
Monaghan Sports Partnership	2006
County Limerick Local Sports Partnership	2007
South Tipperary Sports Partnership	2007
Galway City Sports Partnership	2007
Cavan Sports Partnership	2008
Louth Sports Partnership	2008
Dun Laoghaire Sports Partnership	2008
South Dublin Sports Partnership	2008
County Galway Sports Partnership	2008
Wexford Sports Partnership	2008
Cork City Sports Partnership	2008
Longford Sports Partnership	2008
Leitrim Sports Partnership	2008
Dublin City Sports Partnership	2008
Wicklow Sports Partnership	2008

Appendix C - Explanation of Working Methods

Provision of Information

Refers to the number of information resources that MSP has developed for the community in the current year. This may be a regular newsletter, a directory of summer events, an information leaflet or an eBulletin. It also includes the numbers of individuals using MSP as a source of information, either by phone/email contact or through visiting the MSP office in person.

Club Support Work

MSP provides ongoing help or support to a wide range of sporting organisations and community groups. This incorporates both club development work and providing funding information and support.

- Club Development work - MSP engages in specific work to support the development of sporting clubs and clubs promoting physical activity in their communities. This may involve support with regard to the delivery of sporting activities, as well as help with organisational and policy issues.
- Providing Funding Information and Support - This relates to work done making groups and clubs aware of available sources of funding. Supporting groups and clubs in making funding applications and in fund raising are other important aspects in this working method.

Education and Training Courses

Organising, promoting and delivering training and education courses, such as Active Leadership, First Aid, Speed Agility Quickness (SAQ), Defibrillator Training, Coach Education Training, as well as other training courses that have a specific local focus.

Delivering ISC Programmes

This includes delivering the Irish Sports Council's Buntús and Code of Ethics training. Buntús programmes have been developed to support primary school teachers and other childcare practitioners in introducing young people to sport and helping to develop their interests. The Code of Ethics training programme targets sports leaders and adults involved in the organisation of sport for young people to promote child protection policies and procedures.

Women in Sport Programmes

This refers to delivering or helping to deliver projects and participation initiatives within the Women in Sports Programme. The Women in Sport Programme is an Irish Sports Council initiative designed to increase the number of women participating in sport and physical activity.

Delivery of Local Programmes

MSP is instrumental in developing and/or delivering local programmes and initiatives designed to increase participation in sport and physical activity. It incorporates a range of local projects and initiatives that MSP has been a key actor in setting up.

Local Networking

Local Networking includes establishing or helping to establish networks, sports forums and linked initiatives locally. It also incorporates local activities in which MSP engages in order to promote the key message of the Sports

Partnership. This may involve membership of relevant local committees or structured involvement in awareness raising events.

Policy Work

MSP aims to involve themselves in activities that have an implication for policy. It refers to all work undertaken to influence or promote change in the area of sport and physical activity. This could be work undertaken locally – but it is more likely to have a significance beyond their own community

Appendix D - Glossary of Terms

MSP- Mayo Sports Partnership. An organisation core funded by the Irish Sports Council and is under the auspices of Mayo County Development Board / Mayo County Council.

Buntús – An Irish Sports Council programme developed to support primary school teachers and childcare practitioners in introducing young people to sport and physical activity.

Dormant Accounts Funding - A scheme for the disbursement of funds that are unlikely to be reclaimed for projects and programmes designed to alleviate poverty and social deprivation. The Dormant Accounts legislation targets three broad categories of persons for support from the fund: Those affected by economic and social disadvantage; Those affected by educational disadvantage; and Persons with a disability.

FAI – Football Association of Ireland. The FAI is the governing body of football in Ireland.

GAA – Gaelic Athletic Association. The GAA is the governing body of Gaelic games in Ireland.

Go For Life - The Go for Life Programme aims to increase participation among older people in recreational sport activities, and is supported by the Irish Sports Council.

HSE – Health Service Executive. The HSE is a statutory authority responsible for providing Health and Personal Social Services for those living in the Republic of Ireland.

IRFU – Irish Rugby Football Union. The IRFU is the governing body for the sport of rugby union in Ireland.

ISM - Irish Sports Monitor. The Irish Sports Monitor is an ongoing telephone survey of adults aged 16 and over in Ireland, which records sport and exercise activities undertaken in the 7 days prior to interview. In 2008, the Irish Sports Monitor interviewed over 6,800 adults. The survey is primarily designed to track levels of participation in sport, both for the population as a whole and various sub-populations of interest. The 2008 report is the latest in a series of collaborations between the Irish Sports Council and the Economic and Social Research Institute (ESRI) on sport and physical activity.

ISC - Irish Sports Council. The Irish Sports Council is a statutory authority that aims to plan, lead and co-ordinate the sustainable development of competitive and recreational sport in Ireland.

LEADER - LEADER is the EU Community Initiative for Rural Development that provides approved Local Action Groups with public funding (EU and National) to implement multi-sectoral business plans for the development of their own areas.

LSP – Local Sports Partnership. Local Sports Partnerships are an initiative of the Irish Sports Council to co-ordinate and promote the development of sport at local level. The key aims of the LSPs are to increase participation in sport, and to ensure that local resources are used to best effect. The LSP initiative lies at the heart of the Irish Sports Council's participation strategy.

NGB – National Governing Body. An organisation, recognised by the Irish Sports Council, that coordinates the development of a particular sport or sports through constituent clubs.

PAL – Physical Activity Leader. A Physical Activity Leader is someone who can lead members of their own groups or communities in short exercise routines, straightforward dances and recreational sports.

POBAL - Pobal is a not-for-profit company with charitable status that manages programmes on behalf of the Irish Government and The EU.

RAPID – Revitalising Areas by Planning Investment and Development. The RAPID Programme is a Government initiative, which targets 45 of the most disadvantaged areas in the country by focusing State resources available under the National Development Plan.

SDO – Sports Development Officer. SDOs aim to provide opportunities for participation in sport and physical activity for all sections of the community.

SIDO – Sports Inclusion Disability Officer. SIDOs aim to provide opportunities for participation in sport and physical activity for people with a disability.

SPEAK – Strategic Planning, Evaluation and Knowledge system. The SPEAK system is a product of NEXUS Research (a not-for-profit research co-operative based in Dublin) which offers organisations the capacity to self-evaluate, leading to a comprehensive understanding of the work of the organisation and the impacts of that work.

VEC – Vocational Education Committee. VECs are local statutory education and training authorities. Their service encompasses Second Level Schools, Further Education Colleges, Adult and Community Education, Literacy Support and Youth Support Services.

WIS – Women in Sport. An initiative of the Irish Sports Council to increase participation of women in sport, through providing alternative opportunities and developing specific programmes.