



## Mayo Sports Partnership

# SPORTS ABILITY WEEK

## PROGRAMME OF EVENTS

EVENT	VENUE	DATE	TIME	BOOKING LINK
<b>Kayaking – Adults and Children with additional needs</b>	Ballina Sports Hub	Monday 21st June	2pm – 3pm	<a href="https://www.eventbrite.ie/e/kayaking-tickets-157654933149">https://www.eventbrite.ie/e/kayaking-tickets-157654933149</a>
<b>IWA Multi Sports Come and Try-Children</b>	Lough Lannagh Castlebar	Monday 21st June	6pm – 7pm	<a href="https://www.eventbrite.ie/e/iwa-multi-sports-come-and-try-tickets-157585577705">https://www.eventbrite.ie/e/iwa-multi-sports-come-and-try-tickets-157585577705</a>
<b>Inclusive Walking- Adults</b>	Lough Lannagh Castlebar	Monday 21st June	11am – 12noon	<a href="https://www.eventbrite.ie/e/inclusive-walking-tickets-157601641753">https://www.eventbrite.ie/e/inclusive-walking-tickets-157601641753</a>
<b>Sport Inclusion/Awareness Workshop</b>	Zoom online	Tuesday 22nd June	7.30pm – 8.30pm	<a href="https://www.eventbrite.ie/e/sports-inclusion-and-disability-awareness-training-tickets-157603840329">https://www.eventbrite.ie/e/sports-inclusion-and-disability-awareness-training-tickets-157603840329</a>
<b>Wheelchair Paddle Boarding- Adults &amp; Children</b>	Lough Lannagh Castlebar	Tuesday 22nd June	12noon	<a href="https://www.eventbrite.ie/e/wheelchair-paddle-boarding-tickets-157604917551">https://www.eventbrite.ie/e/wheelchair-paddle-boarding-tickets-157604917551</a>
<b>Canoeing for Children with Autism</b>	Lough Lannagh Castlebar	Tuesday 22nd June	2pm	<a href="https://www.eventbrite.ie/e/canoeing-for-children-with-autism-tickets-157617288553">https://www.eventbrite.ie/e/canoeing-for-children-with-autism-tickets-157617288553</a>
<b>Para Swimming Session- Adults &amp; Children</b>	Lough Lannagh Castlebar			Contact Ray at <a href="mailto:rmcnamara@mayococo.ie">rmcnamara@mayococo.ie</a>
<b>GAA For All - Adults</b>	Castlebar Mitchels Astro	Wednesday 23rd June	11am – 12.30pm	<a href="https://www.eventbrite.ie/e/gaa-for-all-adults-tickets-157637519063">https://www.eventbrite.ie/e/gaa-for-all-adults-tickets-157637519063</a>
<b>Learn To Cycle Westport</b>	Scoil Phadraig Westport	Wednesday 23rd June	4pm – 5pm	<a href="https://www.eventbrite.ie/e/learn-to-cycle-westport-tickets-157787030255">https://www.eventbrite.ie/e/learn-to-cycle-westport-tickets-157787030255</a>
<b>Sensory Walk- Children</b>	Lough Lannagh Leisure Centre Castlebar	Wednesday 23rd June	6.15pm – 7pm	<a href="https://www.eventbrite.ie/e/sensory-walk-children-tickets-157770970219">https://www.eventbrite.ie/e/sensory-walk-children-tickets-157770970219</a>
<b>Visually Impaired Tennis- Adults &amp; Children</b>	Castlebar Tennis Club			Contact Ray at <a href="mailto:rmcnamara@mayococo.ie">rmcnamara@mayococo.ie</a>
<b>Autism Surfing Programme- Children</b>	Carrownisky Strand Louisburgh	Sunday 27th June	4pm	<a href="https://www.eventbrite.ie/e/autism-surfing-programme-tickets-157640267283c">https://www.eventbrite.ie/e/autism-surfing-programme-tickets-157640267283c</a>
<b>Inclusive Fitness Class- Adults</b>	Zoom	Thursday 25th June	11am	<a href="https://www.eventbrite.ie/e/inclusive-fitness-class-tickets-157641318427">https://www.eventbrite.ie/e/inclusive-fitness-class-tickets-157641318427</a>
<b>Para Cycling come a Try</b>	Ballina Athletics Track	Thursday 24th June	6pm – 7pm	<a href="https://www.eventbrite.ie/e/para-cycling-come-a-try-tickets-157642201067">https://www.eventbrite.ie/e/para-cycling-come-a-try-tickets-157642201067</a>
<b>Inclusive Walking- Adults</b>	Ballina Athletics Track	Thursday 24th June	6pm – 7pm	<a href="https://www.eventbrite.ie/e/inclusive-walking-tickets-157643153917">https://www.eventbrite.ie/e/inclusive-walking-tickets-157643153917</a>
<b>Kayaking and SUP Boarding- Adults &amp; Children with additional needs.</b>	Achill Outdoor Keel Achill	Thursday 24th June	2pm – 3pm	<a href="https://www.eventbrite.ie/e/kayaking-and-sup-boarding-adults-children-with-additional-needs-tickets-157667368343">https://www.eventbrite.ie/e/kayaking-and-sup-boarding-adults-children-with-additional-needs-tickets-157667368343</a>
<b>Launch of Beach Wheelchair</b>	Keel Achill	Friday 25th June	1.30pm	
<b>GAA For All- Children</b>		Friday 25th June	5.30pm – 6.15pm	<a href="https://www.eventbrite.ie/e/gaa-for-all-children-tickets-157674888837">https://www.eventbrite.ie/e/gaa-for-all-children-tickets-157674888837</a>
<b>Learn to Cycle- Children</b>	Ballina	Saturday 26th June	11am – 12noon	<a href="https://www.eventbrite.ie/e/learn-to-cycle-children-tickets-157677095437">https://www.eventbrite.ie/e/learn-to-cycle-children-tickets-157677095437</a>
<b>Liquid Therapy Course</b>	Achill Outdoor Centre	Saturday 26th June	1pm – 4pm	Fully Booked
<b>GAA For All</b>	Bohola Moy Davitt's GAA Club	Saturday 26th June	9.30am	<a href="https://www.eventbrite.ie/e/gaa-for-all-children-tickets-157774089549">https://www.eventbrite.ie/e/gaa-for-all-children-tickets-157774089549</a>
<b>GAA For All</b>	Castlebar Mitchels GAA Club	Coming Soon		Contact Ray at <a href="mailto:rmcnamara@mayococo.ie">rmcnamara@mayococo.ie</a>
<b>Football For All- Children</b>	Ballyvary Soccer Club	Saturday 26th June	11.15 – 12.15	<a href="https://www.eventbrite.ie/e/soccer-for-all-ballyvary-fc-tickets-157778211879">https://www.eventbrite.ie/e/soccer-for-all-ballyvary-fc-tickets-157778211879</a>
<b>Football For All- Children</b>	Conn Rangers Soccer Club	Saturday 26th June	3pm – 4pm	<a href="https://www.eventbrite.ie/e/football-for-all-conn-rangers-tickets-157777287113">https://www.eventbrite.ie/e/football-for-all-conn-rangers-tickets-157777287113</a>
<b>Football For All- Children</b>	Ballinrobe Soccer Club	Sunday 27th June	11am – 12noon	<a href="https://www.eventbrite.ie/e/soccer-for-all-ballinrobe-town-fc-tickets-157931028959">https://www.eventbrite.ie/e/soccer-for-all-ballinrobe-town-fc-tickets-157931028959</a>
<b>Surfing for Adults and children with additional needs.</b>	Blackfield Surfing School Keel Beach Achill	Sunday 27th June	11am	<a href="https://www.eventbrite.ie/e/surfing-for-adults-and-children-with-additional-needs-tickets-157779297125">https://www.eventbrite.ie/e/surfing-for-adults-and-children-with-additional-needs-tickets-157779297125</a>
<b>Mixed Ability Outdoor Bowling for Families</b>	Westport Greenway meet at Mill Street Carpark	Sunday 27th June	11am – 1pm	<a href="https://www.eventbrite.ie/e/mixed-ability-outdoor-bowling-for-families-tickets-157780272041">https://www.eventbrite.ie/e/mixed-ability-outdoor-bowling-for-families-tickets-157780272041</a>

**FOR MORE INFORMATION: [rmcnamara@mayococo.ie](mailto:rmcnamara@mayococo.ie) or 0876973093**